

## LESSER KNOWN MOTHER TINCTURE IN HOMOEOPATHY

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### ABSTRACT

Mother tincture refers to a simple combination of a botanical extract with a specific amount of alcohol. In general, a mother tincture contains the lowest possible potency of any particular homoeopathic preparation. Uses of mother tincture are many, and use of mother tinctures in common health problems are proved to be beneficial. Mother tincture are liquid products obtained following the maceration, incubation and extraction of plants material, usually with an ethanol/water mixture. Mother tincture can be given undiluted by the oral or topical routes, but are mostly subject to potentization. Homoeopathy with time honoured results and has a great number of cured cases but there is much more to identify about very rarely used and known mother tincture.

### KEYWORDS

homoeopathy, mother tincture, homoeopathic antioxidants, hypertension, rauwolfia serpentina

### INTRODUCTION

Homoeopathy is one of the most frequently used complementary and alternative medicine, which uses highly diluted preparation prepared in a specific way unique to homoeopathy. Plants are major sources of homoeopathic medicines. The medicinal plants are rich in secondary metabolites and essential oils which are of therapeutic importance.<sup>[1]</sup> About 70-80% of the world population, particularly in the developing countries, relies on non-conventional medicines in their primary health care as reported by the world health organization.<sup>[2]</sup> It was believed that homoeopathic products are free from side effects.<sup>[3]</sup> In Homoeopathy mother tincture are routinely prescribed for the treatment of wide variety of ailments such as Rauwolfia serpentina is used for high blood pressure, fever, sedation, stomach pain, skin problems and muscular problems.<sup>[4]</sup> Ricinus communis Mother tincture is used to relieve the symptoms of vertigo, burning sensation in stomach, diarrhoea and in inflamed anus.<sup>[5]</sup> Likewise the mother tincture of Bellis perennis is used for joint soreness, muscle soreness, soreness of abdominal wall and uterus, and in diarrhoea.<sup>[6]</sup> Similarly, the mother tincture of Terminalia arjuna is used in various diseases of heart, angina pectoris, suffocation vertigo and gonorrhoea.<sup>[7]</sup> These mother tinctures are prescribed for the treatment of analgesia and arthritis. In homeopathy we know approximately thirty remedies which are useful in the therapy of Hodgkin. The main remedies are Acidum arsenicosum, Calcium fluoricum, Ceanothus, Kali salts, Natrium chloratum, Scrophularia nodosa and many more.<sup>[8,9]</sup> S. jambolanum has highest antioxidant potential.<sup>[10]</sup> In the present study, mother tincture of homoeopathic drugs S. jambolanum, F.religiosa, O.sanctum, A. cepa, T. occidentalis, H.

antidysenterica and *E. globulus* were evaluated against the growth of human pathogenic fungi *C. albicans*.<sup>[11]</sup> *Viscum album* can be considered as a good choice to regulate blood pressure as well as to lower serum triglyceride levels. The chemical characterization of *Viscum album* is different from those drugs used in the modern system of medicines and it putatively acts through calcium channels, which could be modulated by other drugs that could lead to synergism.<sup>[12]</sup> The therapeutic properties of *T. occidentalis* mother tincture were best noted in orally administered medium and high doses, which succeeded in inhibiting the inflammatory process induced in the intestine, most probably based on its rich contents of flavonoids and phenolic compounds.<sup>[13]</sup>

## OBJECTIVES

1. To study the efficacy of homoeopathic mother tinctures in different diseases.
2. To enhance the knowledge of materia medica by including lesser known homoeopathic mother tinctures.

## MATERIALS AND METHODS

Theoretical Study: -

1. Homoeopathic journals.
2. Internet sites & database
3. Homoeopathic textbooks.

## RESULTS

Homoeopathic Mother Tinctures were used traditionally for the treatment of various allergies, infections, toxicities, autoimmune diseases, chronic diseases and acute diseases. From the above studies it has been established that Homoeopathic Mother Tinctures are very well used now adays in many diseases including the complicated once too. All of this is proved time and again by different experiments and different articles as quoted above.

## DISCUSSION AND CONCLUSION

There are many new sources of homoeopathic medicines for the preparation of mother tinctures and it is proved useful in treating toxicities, allergies and other common problems. After meta- analysis of literature, mother tinctures prepared Homoeopathically have good therapeutic effect. Thus, based on study of mother tincture it can be concluded that – Homoeopathic mother tinctures can be given in treatment of toxicities, allergies, autoimmune diseases, and infections.

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